

Deer Valley State Girls Camp

Packing Checklist

CLOTHING

- ☐ 4 Shirts (1 long sleeve)
- ☐ 4 shorts/pants
- ☐ Sweatshirt/Coat (it is cool at night)
- ☐ Underwear
- ☐ Socks
- ☐ Sleepwear
- ☐ Shoes (durable/closed toe)
- ☐ Swimsuit
- ☐ Water shoes/sandales
- ☐ Flip flops (for shower)

PERSONAL HYGIENE

- ☐ Deodorant
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Shampoo/Dry Shampoo
- ☐ Hygiene/Body Wipes/Soap
- ☐ Hairbrush/Comb
- ☐ Feminine Products
- ☐ Towel/Washcloth

MISCELLANEOUS

- ☐ Medication (to camp nurse)
- ☐ Camp chair/tripod
- ☐ Rain Poncho
- ☐ Refillable Water Bottle
- ☐ Sunscreen (non-aerosol)
- ☐ Chapstick/Lip balm
- ☐ Headlamp or flashlight
- ☐ Hat
- ☐ Sunglasses
- ☐ Small backpack/bag for daytime
- ☐ Scriptures

BEDDING

- ☐ Sleeping Bag
- ☐ Extra Blanket
- ☐ Pillow
- ☐ Sleeping pad (optional)



Weather is typically mid 70s during the day
and can cool off to the low 40s at night.

NOTES

- We are in creature country. Do not bring food, candy or strongly scented items in your gear.
- Showers are available for use.
- We are unplugging for the week. Please do not bring cell phones or other electronics.
- Please refer to the Strength of Youth guide for dress and grooming standards.

